



March 23th 2020

Greetings to all of you!

Here is some meditation material for us: The Pearl Harbour anecdote, from Grapevines The Best of Bill, the article on Fear. Why not re-read this article, which I am not allowed to reproduce here because of copyright restrictions. And I thank Jerome for reminding me of it.

A few Zoom meetings have been added to our list. The update is attached to this message and is available on our website aa87.org.

A quick reminder about tickets for the Bilingual Big Book Conference that was cancelled. If you would like a refund or convert the ticket into a voluntary contribution, it must be returned to us. The person from whom you purchased the ticket is the contact person. If you bought it at the literature sales counter, you must contact us at 514-374-3688, ext. 1. If you went through the online store, you must send an email to region@aa87.org <<mailto:region@aa87.org>> ; the refund will be made through PayPal.

Since there is no 7th tradition passed during online meetings, those who wish to make a contribution can do so on our website. Here is the link: <https://aa87.org/aa87-accueil/aa87-accueil-membres/contributions-en-lignes-volontaires/> ; click on the "donate" button.

May the Force be with us !